



**Race Start at 8am on Aug. 5th 2023**

One registration form is required per participant.

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_ Gender \_\_\_\_\_

**T-Shirts will be provided to all pre-registered runners. Those registering on race day will receive shirts on a first-come first-served basis. Available sizes are:**

XS S M L XL XXL XXXL (Circle One)

**Payment**

\$35.00 \_\_\_ Adult Pre-registration until 7/23/23

\$40.00 \_\_\_ Adult Registration from 7/24/23 through Race Day

**Cash or check. Or online at: <https://www.eventbrite.com/e/stacy-daze-5k-2023-tickets-653965687977>**

**Waiver:** I hereby declare, assert and affirm that participation in Stacy Daze 5K Fun Run is done having voluntarily and knowing assumed ALL RISKS involved in this Special Event. The immediate physical risks and hazards associated with normal, vigorous physical activity include (but are not limited to) physical discomfort, fatigue, muscular soreness, falls, pulled or strained muscles, overuse injuries, heat stress, and the rare instance of abnormal responses of the cardio-respiratory system including heart arrhythmia, heart attack, stroke, and sudden death. In consideration of acceptance of this contract allowing my participation in the above stated Special Event and intending to be legally bound thereby, I hereby for myself, my heirs, executors, administrators and assigns, WAIVE AND RELEASE any and all rights and claims for negligence, injuries, damages or losses that I may incur against all participating agencies involved in the above stated Special Event, I also understand that I do hereby WAIVE any and all rights or benefits under the State of Minnesota Worker's Compensation laws for any injury incurred as a result of my participation in this event, including disregard of the posted route. Having read this waiver and release from liability form, and knowing these facts, and in consideration of your accepting my entry and/or my child's entry, I for myself and/or my child, and anyone entitled to act on our behalf, waive and release, race day volunteers, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising from my participation and/or my child's participation in this event. I acknowledge that my entry fee is non-refundable and non-transferable, even if the race is cancelled or the course is changed.

Print Name \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_

Parent/Legal Guardian must sign if participant is under the age of 18

For questions please contact Teri at [escapesalonandtan@hotmail.com](mailto:escapesalonandtan@hotmail.com)

Send your completed form to: Escape Salon & Tan Inc. Po Box 424 Stacy Mn 55079